

#PROTECT  
MB  
KIDS

# QUESTIONS & ANSWERS WITH DR. JOSS

It's your turn to get the COVID-19 vaccine and you might have questions about that.

Let's talk about some of the top questions I hear from kids like you (and your grown-ups too!).



**Question: Can kids get the vaccine?**

**Answer: YES!**

Kids who are ages 5 to 11 can now get the vaccine to help stop COVID – just like your parents, older brothers or sisters, or other family members.

**Q: Why do I need the COVID-19 vaccine?**

**A: There are a lot of good reasons to get the vaccine.**

The vaccine can stop you from getting sick with COVID. That means you also can help protect the people around you too - your friends, family and other people you love.

The vaccine will help us get back to normal, to do all the things we love.

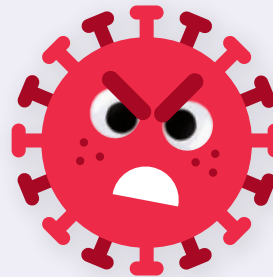
**Q. Will the vaccine make me sick?**

**A. No.**

The vaccine can't give you COVID. You might feel a little tired or your arm might be sore after, and sometimes you might even get a fever. That's normal – and it means your body is busy learning what it's supposed to do to protect you.

**Q: How Does the Vaccine Work?**

**A: It's As Easy As 1–2–3!**

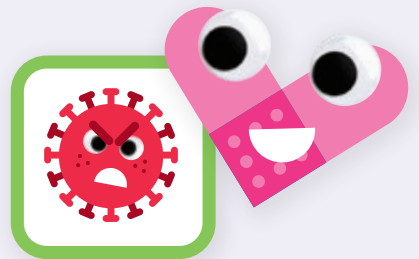


1

COVID germs want to invade your body and make you sick.

2

The COVID vaccine gives your body a picture of what the germs look like, so your body can build up an army of cells to fight.



3

These special cells act as guards, so if COVID germs show up, your body is ready to recognize and destroy them!



# IT'S YOUR VACCINE DAY!

**Question:** What will happen when I get my vaccine?

**Answer:** Three main things will happen at your appointment.

**Be there:** You may have to wait for your turn. Your grown-up will have papers that have to be handed in and friendly people will be there to answer any questions.

**Get your vaccine:** You'll sit on a chair, or maybe on your grown-up's lap, and get ready. You'll roll up your sleeve, and then your only job is to relax! You know it's done when you get your band-aid.

**Waiting:** You will be asked to stay for 15 minutes. It's a good time to tell your grown-up a story, or you can take some crayons along and colour our favourite helpers.

