



## Appendix F

### RESOURCES

#### National Resources

- **Canadian Centre for Child Protection**
  - Kids in the Know: [www.kidsintheknow.ca](http://www.kidsintheknow.ca)
  - Cybertip.ca: [www.cybertip.ca](http://www.cybertip.ca)
  - Commit to Kids: [www.commit2kids.ca](http://www.commit2kids.ca)
  - Missing Kids.ca: [www.missingkids.ca](http://www.missingkids.ca)
  - Need Help Now: [www.needhelpnow.ca](http://www.needhelpnow.ca)
  - *Self/Peer Exploitation: It's Not OK: A Resource Guide for Families Addressing Self/Peer Exploitation*  
[https://www.cybertip.ca/pdfs/SPEX\\_FamilyGuide\\_Web\\_en.pdf](https://www.cybertip.ca/pdfs/SPEX_FamilyGuide_Web_en.pdf)
- **Canadian Red Cross's Respect Education Programs**  
[www.redcross.ca/how-we-help/violence--bullying-and-abuse-prevention/educators](http://www.redcross.ca/how-we-help/violence--bullying-and-abuse-prevention/educators)
- **Centre for Suicide Prevention**  
<https://suicideinfo.ca>
  - *Teen Suicide Resource Toolkit (Updated and Expanded)*.  
<https://suicideinfo.ca/wp-content/uploads/2016/08/Teen-Resource-Toolkit-Web.pdf>
  - *Not A Child: Children Suicide Resource Toolkit*.  
[https://suicideinfo.ca/wp-content/uploads/2016/08/Childrens-Toolkit\\_Print.pdf](https://suicideinfo.ca/wp-content/uploads/2016/08/Childrens-Toolkit_Print.pdf)
  - *Gay & Suicidal: Sexual and Gender Minorities and Suicide: Resource Toolkit*.  
[https://suicideinfo.ca/wp-content/uploads/2016/08/LGBTQ-Resource-Toolkit\\_Print.pdf](https://suicideinfo.ca/wp-content/uploads/2016/08/LGBTQ-Resource-Toolkit_Print.pdf)
  - *Aboriginal (First Nations, Inuit, Métis) Suicide Prevention Resource Toolkit*  
[https://www.suicideinfo.ca/wp-content/uploads/2016/08/Indigenous-Toolkit\\_Print.pdf](https://www.suicideinfo.ca/wp-content/uploads/2016/08/Indigenous-Toolkit_Print.pdf)
- **Kids Help Phone**  
1-800-668-6868  
[www.kidshelpphone.ca](http://www.kidshelpphone.ca)
- **Mental Health First-Aid, Canada**, Mental Health Commission of Canada  
[www.mentalhealthfirstaid.ca](http://www.mentalhealthfirstaid.ca)



- **Pan-Canadian Joint Consortium of School Health**
  - *Pan-Canadian Joint Consortium of School Health: Positive Mental Health Toolkit* [www.jcshpositivementalhealthtoolkit.com/](http://www.jcshpositivementalhealthtoolkit.com/)
  - *Schools as a Setting for Promoting Positive Mental Health: Better Practices and Perspectives* [www.jcsh-cces.ca/upload/PMH%20July10%202011%20WebReady.pdf](http://www.jcsh-cces.ca/upload/PMH%20July10%202011%20WebReady.pdf)
- **Promoting Relationships and Eliminating Violence (PREVNet)**  
<http://prevnet.ca>

## Manitoba Resources

- **Klinic Community Health Centre**  
870 Portage Avenue  
Winnipeg  
204-784-4090  
[www.klinic.mb.ca](http://www.klinic.mb.ca)
- **24-Hour Telephone Services**
  - Manitoba Suicide Line: 1-877-435-7170
  - Crisis Line: (204) 786-8686 / Toll-free 1-888-322-3019
  - Sexual Assault Crisis Line: (204) 786-8631 / Toll-free 1-888-292-7565
  - TTY Deaf Access Counselling: (204) 784-4097
  - Manitoba Farm & Rural Support Services: 1-866-367-3276
- **Healthy Child Manitoba and Manitoba Education and Advanced Learning**
  - *Best Practices in School-based Suicide Prevention: A Comprehensive Approach* [www.gov.mb.ca/healthychild/ysp/ysp\\_bestpractices.pdf](http://www.gov.mb.ca/healthychild/ysp/ysp_bestpractices.pdf)
- **Manitoba Healthy Schools**
  - *Manitoba Healthy Schools* [www.gov.mb.ca/healthyschools/](http://www.gov.mb.ca/healthyschools/)
  - *Mental Health Promotion in Schools: Support Mental Health Promotion in Manitoba Schools* [www.edu.gov.mb.ca/k12/spcedu/smh/mh\\_resource.pdf](http://www.edu.gov.mb.ca/k12/spcedu/smh/mh_resource.pdf)
  - *What is Comprehensive School Health?* [www.gov.mb.ca/healthyschools/csh.html](http://www.gov.mb.ca/healthyschools/csh.html)
- **Manitoba Parent Zone**  
[www.manitobaparentzone.ca/](http://www.manitobaparentzone.ca/)



## Appendix F

- **Sexuality Education Resource Centre Manitoba (SERC)**  
[www.serc.mb.ca/](http://www.serc.mb.ca/)
- **Teen Talk**  
<http://teentalk.ca/>

### Manitoba Data Sources

- Early Development Instrument, Healthy Child Manitoba  
[www.gov.mb.ca/healthychild/edi/](http://www.gov.mb.ca/healthychild/edi/)
- *Manitoba Provincial Report Tell Them From Me: Bullying and School Safety 2013/2014* [www.edu.gov.mb.ca/k12/safe\\_schools/ttfm/index.html](http://www.edu.gov.mb.ca/k12/safe_schools/ttfm/index.html)
- *Manitoba Youth Health Survey Report 2012–2013*  
[http://partners.healthincommon.ca/wp-content/uploads/2014/11/2012-13-Manitoba-YHS-Report\\_FINAL.pdf](http://partners.healthincommon.ca/wp-content/uploads/2014/11/2012-13-Manitoba-YHS-Report_FINAL.pdf)